



Highland High School Men's Soccer



Head Coach - Mark Muzzo, 208-709-0535, MUZZOMA@SD25.US

Coach - Nico Arvis, 208-220-4058, DrNik@Cableone.com

June 8-30, 2020- *The following schedule for the days of the week in June.*

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<u>HHS Field</u> 11:30 am Weights		<u>HHS Field</u> 11:30 am Weights		<u>HHS Field</u> 11:30 am Weights	
	<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING		<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING		<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING	

July 1-31, 2020- *(Tentative to be determined by State/District safety Protocols)*

Saturday Scrimmages on the 11th, 18th & 25 at 9 am at Wellness Fields.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<u>HHS Field</u> 11:30 am Weights		<u>HHS Field</u> 11:30 am Weights		<u>HHS Field</u> 11:30 am Weights	<i>TBA- 9 am Scrimmages</i>
	<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING		<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING		<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING	

August 1-14, 2020- *(Tentative to be determined by State/District Protocols)*

Saturday Scrimmages on the 1st & 8th at 9 am at Wellness Fields.

Tryouts for Varsity and Jr. Varsity- August 10th-13th at 6pm at Wellness Field.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING		<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING		<u>Wellness Fields</u> 6 pm Conditioning NO SCRIMMAGING	<i>TBA- 9 am Scrimmages</i>
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